



## **CCAOM POSITION PAPERS ON CNT AND RELATED TECHNIQUES PROTOCOL**

September 6, 2017

The Council of Colleges of Acupuncture and Oriental Medicine (CCAOM), which administers the national needle safety course known as the Clean Needle Technique (CNT) course, has developed three position papers concerning CNT protocol. The CCAOM periodically develops position papers in conjunction with the Council's *Clean Needle Technique Manual—Best Practices for Acupuncture Needle Safety and Related Procedures* (7<sup>th</sup> ed.).

The first paper relates to the [preparation of the skin prior to acupuncture treatment](#). The second paper concerns the [use of gloves during acupuncture treatment](#). The third is [moxa smoke and the need for ventilation or filtration](#).

Based on consultation with the federal Occupational Safety and Health Administration, the protocol concerning the use of gloves is consistent with OSHA's safety standards. The position paper on preparation of the skin reflects the most recent evidenced-based literature on this topic as well as consultation with the federal Centers for Disease Control. The position paper on moxa smoke is based on the most recent evidenced-based literature on this topic.

The position papers were researched and authored by Jennifer Brett, ND, LAc, a CCAOM CNT instructor and chair of the CCAOM CNT Committee's Subject Matter Expert Panel. Dr. Brett is also principal author of the current 7<sup>th</sup> edition of the CNT Manual. The first two position papers were endorsed by the full Council at its plenary business meeting in San Antonio, TX on May 8, 2014, and again by the full Council with a minor change in terminology at its plenary business meeting in Oakland, CA on November 13, 2014. The third position paper was provided to the full Council for review and feedback in May-June of 2017.

The CCAOM is posting these position papers for AOM stakeholders and regulatory agencies as statements of evidenced-based best practice for the topics covered by each position paper. Please feel free to contact CNT Program Manager

Paula Diamond at the CCAOM national office (410-464-6040) for any questions about these position papers.